

External Resources

Below are a range of external resources including helplines and websites where you can find information and support about issues relating to safeguarding. We have provided a quick guide below to help you find what you need.

[I need to speak to someone urgently](#)

I need advice and support about:

[Domestic Abuse](#)

[Sexual Abuse](#)

[Child Abuse](#)

[Abuse in a Faith-Setting](#)

[Elder Abuse](#)

[I want to find a counsellor or therapist](#)

Helplines

NSPCC Child Protection Helpline: 0808 800 5000 (lines free and open 24 hours)

Phone if you are worried about a child.

Child-line: 0800 1111 (lines free and open 24 hours)

Phone if you are a child or young person and are worried about anything.

National Domestic Violence Helpline: 0808 2000 247 (lines free and open 24 hours)

Phone if you are experiencing domestic abuse.

Samaritans Helpline: 116 123 (open 24 hours)

Phone if you feel you are struggling to cope and need someone to talk to.

Action on Elder Abuse Helpline: 0808 808 8141 (free phone Monday to Friday, 9am - 5pm)

Phone if you are an older person who is experiencing abuse, neglect or financial exploitation.

NAPAC (National Association for People Abused in Childhood): 0808 801 0331 (free phone, 10am - 9pm Monday to Thursday & 10am - 6pm on Friday)

Phone if you are an adult survivor of childhood abuse and would like support and advice.

Stop It Now! Helpline: 0808 1000 900 (9am - 9pm Monday to Thursday and from 9am - 5pm on Friday)

Phone if you are worried about your own or someone else's behaviour toward children and young people.

Family Lives Helpline: 0808 800 222 (free from landline and most mobiles, 9am - 9pm Monday to Friday and 10am - 3pm Saturday and Sunday)

Phone if you would like support and advice on family issues.

MACSAS Helpline: 0808 801 0340 (free phone, Saturdays 9.00am - 11.30am and Wednesdays 7.00pm - 9.30pm)

Phone if you (or a relative) have been abused by a church officer.

Cruse Bereavement Care Helpline: 0808 808 1677 (free phone, Monday to Friday 9.30am - 5pm (excluding bank holidays), with extended hours on Tuesday, Wednesday and Thursday evenings, when lines are open until 8pm.)

Phone if you have been affected by a bereavement and would like emotional support.

[General support](#)

[Support for women and children](#)

[Support for men](#)

[Support for the LGBT+ community](#)

[Support for women in BAME communities](#)

[Support for perpetrators of abuse](#)

[Resources regarding honour-based abuse & forced marriage](#)

[Christian resources](#)

[Resources related to children and young people](#)

[Resources on teenage relationship abuse](#)

[Other information and resources](#)

General support

National Centre for Domestic Violence

www.ncdv.org.uk

The National Centre for Domestic Violence (NCDV) provides a free, fast emergency injunction service to survivors of domestic violence regardless of their financial circumstances, race, gender or sexual orientation.

24 hour helpline: 0800 970 2070

Samaritans

www.samaritans.org

A 24-hour helpline for any person in emotional distress

Helpline: 116 123

Support for women and children

Women's Aid

www.womensaid.org.uk

Women's Aid provides services for women and children who have been affected by the experience of domestic violence, rape and sexual abuse.

24 hour helpline: 0808 2000 247

Refuge

www.refuge.org.uk

Refuge is the national charity which provides a wide range of specialist domestic violence services to women and children experiencing domestic violence.

24 hour helpline: 0808 2000 247

Rape Crisis

www.rapecrisis.org.uk

Rape Crisis Centres offer a range of services for women and girls who have been raped or experienced another form of sexual violence.

Helpline: 0808 802 9999 (open between 12:00 -14:30 and 19:00 - 21:00 every day of the year)

National Domestic Violence Helpline

<http://www.nationaldomesticviolencehelpline.org.uk/>

The freephone 24 Hour National Domestic Violence Helpline is run in partnership between Women's Aid and Refuge

Helpline: 0808 2000 247

NSPCC ChildLine

www.childline.org.uk

Free, confidential service for young people up to the age of 19. Get help and advice about a wide range of issues, talk to a counsellor online, send ChildLine an email or post on the message boards.

Helpline: 0800 1111

NSPCC Helpline

www.nspcc.org.uk/what-you-can-do/report-abuse/

Free helpline service for anyone with concerns about a child's safety and wellbeing, even one in their own home. You can speak to a NSPCC counsellor

24 hours a day, 365 days a year. Advice and support is provided parents and carers and consultations with professionals are offered. We will listen to your concerns, offer advice and support and can take action on your behalf if a child is in danger.

Helpline: 0808 800 5000

Women and Girls Network

<http://www.wgn.org.uk/>

They provide counselling and support for domestic or sexual violence, FGM and trafficking

Advice line: 0808 801 0660 (Monday - Friday - 10am - 4pm and Wednesday 6pm - 9pm)

Sexual violence helpline: 0808 801 0770 (Monday, Tuesday, Thursday & Friday - 10am - 12:30pm & 2:30pm - 4pm, Wednesday 10am - 12:30pm, 2:30pm - 4pm & 6pm - 9pm)

Support for men

Men's Advice Line

<http://www.mensadviceline.org.uk/>

The Men's Advice Line offers a confidential helpline for men experiencing domestic violence from a partner or ex-partner (or from other family members).

Helpline: 0808 801 0327 (Monday - Friday: 9am - 5pm)

Mankind Initiative

www.mankind.org.uk

Support for male victims of domestic abuse and domestic violence.

Helpline: 01823 334 244 (weekdays 10am to 4pm)

Refuge

<https://www.refuge.org.uk/get-help-now/help-for-men/i-am-being-abused/>

Refuge also offer support for male victims of domestic abuse and violence.

Helpline: 0808 2000 247

Support for the LGBT+ community

Galop

www.galop.org.uk/

Galop gives advice and support to LGBT people who have experienced hate crime, sexual violence and domestic abuse.

National LGBT+ domestic abuse helpline: 0800 999 5428

London LGBT+ advice line: 0207 704 2040

Support for women in BAME communities

Southall Black Sisters

<https://www.southallblacksisters.org.uk/>

Southall Black Sisters is a not-for-profit organisation set up in 1979 to meet the needs of black (Asian and African-Caribbean) and minority ethnic women.

Helpline: 0208 571 0800 (Monday, Wednesday, Friday - 9:30am - 4:30pm)

Support for perpetrators of abuse

Respect

www.respectphoneline.org.uk

<http://respect.uk.net/>

The Respect phone line is a confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner.

Helpline: 0808 802 4040 (Monday - Friday - 9am - 5pm)

Resources regarding honour-based violence & forced marriage

Karma Nirvana

<https://karmanirvana.org.uk/>

Karma Nirvana supports that who suffer or are at risk of honour based abuse or forced marriage.

Helpline: 0800 5999 247 (Monday - Friday - 9am - 5pm)

Forced Marriage Unit

www.gov.uk/forced-marriage

The Government's Forced Marriage Unit (FMU) is dedicated both to preventing British nationals being forced into marriage overseas and to

assisting anyone in the UK faced with the prospect of being forced into a marriage. If you are worried that you might be forced into a marriage or are worried about someone else who may be you should contact FMU on 020 7008 0151 (9am – 5pm) or 0207 008 1500 (if outside the office hours (ask for the Global Response Centre)).

Christian resources

Restored

<http://www.restoredrelationships.org/>

Restored is an international Christian alliance working to end violence against women and to transform relationships.

RAVE

<http://www.theraveproject.org>

RAVE is an initiative that seeks to bring knowledge and social action together to assist families of faith impacted by abuse.

Hidden Hurt

<http://www.hiddenhurt.co.uk>

Hidden Hurt is designed to help understand the dynamics of relationships where abuse is taking place, the different forms abuse can take, its effect on both direct victims (i.e. person being abused) and indirect victims (i.e. children living in a house where abuse occurs), specific issues facing the Christian abuse victim, and helpful links and telephone numbers inside the UK.

Faith Trust Institute

<http://www.faithtrustinstitute.org/>

A US-based multi-faith organization working to end sexual and domestic violence.

Spark

<http://www.sparkequip.org>

Spark works to engage communication and communities to prevent and respond to Violence Against Women and Gender Justice. It provides specialist consultancy supporting domestic abuse work.

Broken Rites

<http://www.brokenrites.org/>

Broken Rites is an international group offering mutual support and information to separated and divorced spouses/partners of clergy, ministers and Church Army Officers.

Eve

<http://www.eveda.org.uk/>

Eve (formerly Nene Valley Christian Family Refuge) run a family refuge in Northamptonshire and provide training on domestic abuse prevention and response.

Resources related to children and young people

Home Office

[Information guide: adolescent to parent violence and abuse \(APVA\)](#)

The Home Office has produced an information guide on adolescent to parent abuse (see link above).

Holes in the Wall

<http://holesinthewall.co.uk/>

A blog run by a professional social worker which provides updates on research, practice and policy-making developments.

Respect

<http://respect.uk.net/information-support/young-people-using-violence-and-abuse-in-close-relationships/>

The Respect Young People Programme (RYPP) offers regular conferences and training for practitioners who are working with young people who use violence in close relationships (including against parents).

Resources regarding teenage relationship abuse

Home Office

[Information for Local Areas on the change to the Definition of Domestic Violence and Abuse](#)

The Home Office has produced a guide to help consider how the extension to the definition of domestic abuse may impact on working with 16-17 year olds.

Disrespect Nobody

<https://www.disrespectnobody.co.uk/>

The Home Office's Disrespect Nobody campaign offers information and guidance on disrespectful and unacceptable behaviour in relationships.

AVA

www.avaproject.org.uk

A national second-tier organisation providing training and consultancy on teenage relationship abuse as well as all other forms of violence against women and girls.

Other information and resources

SafeLives (formerly Co-ordinated Action against Domestic Abuse (CAADA))

<http://www.safelives.org.uk>

SafeLives is a national charity supporting a strong multi-agency response to domestic abuse. It provides practical help to support professionals and organisations working with domestic abuse victims, with the aim of protecting the highest risk victims and their children - those at risk of murder or serious harm. Unfortunately SafeLives does not provide direct support or advice to victims of domestic violence. However, if you are experiencing domestic abuse or are supporting someone who is in that situation, immediate help is available via the National Domestic Violence Helpline.

Home Office guidance

<https://www.gov.uk/guidance/domestic-violence-and-abuse>

Home Office guidance Information regarding domestic violence and abuse, including links to further material on the new definition of domestic abuse; coercive and controlling behaviour; domestic violence disclosure scheme; domestic violence protection notices and orders; Domestic Homicide Reviews (DHR); Independent domestic Violence Advisers (IDVAs) and MARACs.

Home Office guidance on controlling or coercive behaviour in an intimate or family relationship

[Controlling or coercive behaviour in an intimate or family relationship \(Home Office, Dec 2015\)](#)

Violence Against Women and Girls

<https://www.gov.uk/government/policies/violence-against-women-and-girls>

In 2016, the Government published its Violence Against Women and Girls (VAWG) Strategy for this Parliament. There is a lot of information contained on the website detailed below which relates to this strategy including FGM; Forced Marriage and various other policy and strategy documents.

[General support](#)

[Safeguarding pages for other Christian denominations](#)

General support

The Association of Christian Counsellors' (ACC)

www.acc-uk.org

The Association of Christian Counsellors' (ACC) mission statement is to facilitate provision by Christians of quality counselling and pastoral care. Its functions include providing nationwide standards for Christian counselling and care. It also provides a nationwide system for the accreditation of Christian counsellors broadly acceptable to Christian churches, counselling organizations and the wider community. It is a body that represents Christian counsellors and develops relations with institutions such as the social services and health authorities, and with denominations and professional bodies. It encourages, trains and resources pastoral carers and Christian counsellors.

Address: 29 Momus Boulevard, Coventry, CV2 5NA

Tel: 0845 124 9569/0845 124 9570

The FaithTrust Institute

www.faithtrustinstitute.org

The FaithTrust Institute is a multi-faith, multicultural training and educational

organization with global reach, working to end sexual and domestic violence. Founded in 1977 by the Revd Dr Marie M. Fortune, the FaithTrust Institute offers a wide range of services and resources, including training, consulting and educational materials.

Mailing address: 2414 SW Andover St, Suite D208, Seattle, WA 98106, USA
Tel: (206) 634-1903 (USA)

Minister and Clergy Sexual Abuse Survivors (MACSAS)

www.macsas.org.uk

MACSAS is a support group for women and men from Christian backgrounds who have been sexually abused by ministers or clergy, as children or as adults. It provides support for survivors who have remained within their Christian communities and for those who have left.

Address: BM MACSAS, London, WC1N 3XX

Email: enquiries@macsas.org.uk (for general enquiries)

Support helpline: 08088 01 03 40 (free phone, Saturdays 9.00am - 11.30am and Wednesdays 7.00pm - 9.30pm)

Support email: support@macsas.org.uk

Thirtyone:eight (formerly CCPAS)

<https://thirtyoneeight.org/>

Thirtyone:eight (formerly the Churches' Child Protection Advisory Service) is an independent Christian charity providing professional advice, CRB online and paper disclosure checks (CRB/ISA/AccessNI), support, training and resources in all areas of safeguarding children and vulnerable adults, and for those affected by abuse throughout the UK.

Address: Thirtyone:eight, PO Box 133, Swanley, Kent, BR8 7UQ

Tel: 0303 003 11 11

Email: info@thirtyoneeight.org

Spiritual Abuse Recovery Resources

<https://www.spiritualabuse.com/>

Resources for people who have suffered spiritual abuse.

Safeguarding pages for other Christian denominations

Below are links to safeguarding pages for other Christian denominations. From these pages you can read safeguarding policies and find contacts within the denomination should you need advice or need to report abuse.

[Baptist Union of Great Britain](#) 

[Catholic Safeguarding Advisory Service](#) 

[Methodist Church](#) 

[The Salvation Army](#) 

[The United Reformed Church](#) 

General support

Support for those abused in childhood

Support for family and friends of survivors

Support regarding female genital mutilation (FGM)

Support regarding modern slavery and trafficking

General support

Directory and Books Service (DABS) - Support for Those Concerned with Abuse & Sexual Violence

<https://www.dabs.uk.com/>

Specialist book and information service for people who are overcoming childhood abuse, sexual abuse or domestic violence, and for those who live and work with them.

Forced Marriage Unit

<https://www.gov.uk/guidance/forced-marriage>

The Forced Marriage Unit (FMU) is a joint initiative between the Foreign and

Commonwealth Office and the Home Office. Abroad, the FMU works with embassy staff to rescue individuals who may have been held captive, raped, forced into a marriage or into having an abortion. In the UK, the FMU assists actual and potential victims of forced marriage, as well as professionals working in the social, educational and health sectors.

Tel: 020 7008 0151

Email: fmu@fco.gov.uk

First Person Plural

www.firstpersonplural.org.uk

First Person Plural is a small UK-wide registered charity led by abuse survivors with first-hand experience of complex dissociative distress.

Address: First Person Plural, PO Box 2537, Wolverhampton, WV4 4ZL, UK

Email: fpp@firstpersonplural.org.uk

The Lucy Faithfull Foundation (LFF)

www.lucyfaithfull.org.uk

The Lucy Faithfull Foundation is a child protection charity committed to reducing the risk of children being sexually abused. LFF's staff work with adult male and female sexual abusers; young people with inappropriate sexual behaviours; victims of abuse and other family members.

Address: 2 Birch House, Harris Business Park, Hanbury Road, Stoke Prior, Bromsgrove, B60 4DJ

Tel: 01527 591922

Email: contact@lucyfaithfull.org.uk

The Lantern Project

<http://www.lanternproject.org.uk/>

They provide help and support for survivors of sexual abuse.

Telephone: 0151 606 4810

Email: lanternproject@yahoo.co.uk

Minister and Clergy Sexual Abuse Survivors (MACSAS)

www.macsas.org.uk

MACSAS is a support group for women and men from Christian backgrounds who have been sexually abused by ministers or clergy, as children or as adults. It provides support for survivors who have remained within their Christian communities and for those who have left.

Address: BM MACSAS, London, WC1N 3XX

Email: enquiries@macsas.org.uk (for general enquiries)

Support helpline: 08088 01 03 40 (free phone, Saturdays 9.00am - 11.30am and Wednesdays 7.00pm - 9.30pm)

Support email: support@macsas.org.uk

One in Four

www.oneinfour.org.uk

One in Four offers a voice to and support for people who have experienced sexual abuse and sexual violence.

Address: OneinFour, 219 Bromley Road, Bellingham, London, SE6 2PG

Tel: 020 8697 2112

Email: admin@oneinfour.org.uk

Positive Outcomes for Dissociative Survivors (PODS)

www.pods-online.org.uk

Positive Outcomes for Dissociative Survivors (PODS) is a separate organization supported by First Person Plural. It offers a service for dissociative survivors of sexual or physical abuse. This includes (but is not limited to) those who have dissociative identity disorder (DID), whether formally diagnosed or not.

Address: PODS (Positive Outcomes for Dissociative Survivors), 3 Archers Court, Huntingdon, PE29 6XG

Tel: 01480 878409 (office)

Helpline: 0800 181 4420

Email: info@pods-online.org.uk

Rape Crisis England & Wales

<https://rapecrisis.org.uk/>

They provide support to women and girls who have experienced sexual trauma. Rape Crisis has branches all over the UK. Please check their website for your nearest branch.

Telephone: 0808 802 9999 (12:00am-2.30pm and 7:00pm-9.00pm)

Safeline

<https://www.safeline.org.uk/>

Safeline is a specialist charity for sexual abuse and rape. They offer information for all survivors of sexual abuse on their website however their helpline is specifically for male survivors.

National Male Survivor Helpline: 0808 800 5005 (Monday, Wednesday & Friday 9am - 5pm, Tuesday & Thursday 8am - 8pm, Saturday 10am - 2pm)

Support Line

https://www.supportline.org.uk/problems/rape_sexual-assault.php

Support Line offers information and resources about rape and sexual assault

Stop it Now! UK and Ireland

www.stopitnow.org.uk

Stop it Now! UK and Ireland is a campaign, managed by the Lucy Faithfull Foundation, which aims to prevent child sexual abuse by raising awareness and encouraging early recognition and responses to the problem by abusers themselves and those close to them. Stop it Now! believes sexual abuse is preventable and urges abusers and potential abusers to seek help and gives adults the information they need to protect children effectively. Stop it Now! encourages adults to create a society that no longer tolerates the sexual abuse of children.

Tel: (Helpline) 0808 1000 900

Email: Contact form available on website

The Survivors Trust

<http://thesurvivorstrust.org/>

They provide support to those who have experienced sexual abuse, adult sexual assault or rape.

Helpline: 08088 010 818 (Mon-Fri 10am-12pm & Thur 6pm-7:30pm)

Email: info@thesurvivorstrust.org

The Trauma and Abuse Group (TAG)

www.tag-uk.net

The Trauma and Abuse Group (TAG) is a group studying and supporting work concerning trauma, abuse and dissociation. The group exists to provide information, support, training, encouragement and networking for counsellors, therapists, professional workers, carers and indeed anyone who is concerned or interested and any that are working with individuals who have suffered trauma and abuse.

Address: The Trauma and Abuse Group, The Willows Centre, 11 Prospect Place, Swindon, SN1 3LQ

Email: Contact form available on website

Support for those abused in childhood

The National Association for People Abused in Childhood (NAPAC)

www.napac.org.uk

NAPAC is a registered charity, based in the UK, providing support and information for people abused in childhood.

Address: NAPAC, CAN Mezzanine, 7-14 Great Dover St, London, SE1 4YR

Email: Contact form available on website

Tel: (Support Line) 0808 801 0331

Victim Support

<https://www.victimsupport.org.uk/crime-info/types-crime/childhood-abuse>

Victim Support offers information and resources for people who have were abused in childhood.

Support for family and friends of survivors

Ann Craft Trust

<https://www.anncrafttrust.org/>

They offer advice to professionals, parents, carers and family members on issues relating to the protection of disabled children and vulnerable adults.

Telephone: 0115 9515 400 (Monday - Friday - 9am - 5pm)

Carers Trust

<https://carers.org/>

The Carers Trust offers support and services for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems.

MOSAC

<http://www.mosac.org.uk/>

They provide support for all non-abusing parents and carers whose children have been sexually abused.

Telephone: 0800 980 1958

Safeline

<https://www.safeline.org.uk/what-can-friends-and-family-members-do-to-support-survivors-of-sexual-abuse/>

Safeline is a specialist charity for sexual abuse and rape. They also offer advice and support for family members and friends supporting survivors of

sexual abuse and rape.

Support regarding female genital mutilation (FGM)

Forward

<https://forwarduk.org.uk/>

They provide advice and support to anyone affected by FGM (Female Genital Mutilation) including anyone who fears they or another are at risk.

Women and Girls Network

<http://www.wgn.org.uk/>

They provide counselling and support for domestic or sexual violence, FGM and trafficking

Advice line: 0808 801 0660 (Monday - Friday - 10am - 4pm and Wednesday 6pm - 9pm)

Sexual violence helpline: 0808 801 0770 (Monday, Tuesday, Thursday & Friday - 10am - 12:30pm & 2:30pm - 4pm, Wednesday 10am - 12:30pm, 2:30pm - 4pm & 6pm - 9pm)

Support regarding modern slavery and trafficking

The Helen Bamber Foundation

<http://www.helenbamber.org/>

They provide support for survivors of torture, wars, genocides, sex trafficking, slavery and extreme domestic violence; plus gender and

sexuality-based persecution.

Izzy's Promise

<http://rans.org.uk/izzys-promise/>

Izzy's Promise is a charity organization based in Dundee, Scotland that offers free and confidential support services to: ritual/organized abuse survivors; refugees; asylum seekers; ethnic minorities and people trafficked via rituals.

Tel: 01382 224737

Email: Available through a contact form on the website

Missing People

<https://www.missingpeople.org.uk/>

They support missing children and adults and their loved ones.

Free helpline: 116 000

The Salvation Army - Modern Slavery

<https://www.salvationarmy.org.uk/modern-slavery>

The Salvation Army provides specialist support for all adult victims of modern slavery in England and Wales.

Confidential referral helpline 0300 303 8151 (Available 24/7)

AFRUCA - Africans Unite Against Child Abuse (UK)

www.afruca.org

AFRUCA is an organization concerned about cruelty against the African child.

Address: AFRUCA, Unit 3D/F, Leroy House, 436 Essex Road, London, N1 3QP

Tel: 0844 660 8607

Ann Craft Trust

<https://www.anncrafttrust.org/>

They offer advice to professionals, parents, carers and family members on issues relating to the protection of disabled children and vulnerable adults.

Telephone: 0115 9515 400 (Monday - Friday - 9am - 5pm)

Barnardos

<https://www.barnardos.org.uk/>

Barnardos is the largest provider of child sexual exploitation support services in the UK. Staffed by qualified professionals, these services provide a safe and confidential environment where young people can go for help, advice and support. Specialist training is also provided to professionals so they know what signs to look out for.

Tel: 0208 550 8822

Carers Trust

<https://carers.org/>

The Carers Trust offers support and services for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems.

Childline

<https://www.childline.org.uk/>

Childline is a free, confidential service for young people up to the age of 19. Get help and advice about a wide range of issues, talk to a counsellor online, send ChildLine an email or post on the message boards.

Helpline: 0800 1111 (lines free and open 24 hours)

Child Exploitation and Online Protection (CEOP) Centre

www.ceop.police.uk

The Child Exploitation and Online Protection (CEOP) Centre is dedicated to eradicating the sexual abuse of children. It is part of UK policing, tracking and bringing offenders to account either directly or in partnership with local and international forces.

Address: Child Exploitation and Online Protection Centre, Citadel PI, Lambeth, London SE11 5AN

Tel: 0870 000 3344

ECPAT UK - Every Child Protected Against Trafficking

<https://www.ecpat.org.uk/>

ECPAT UK is active in research campaigning and lobbying government to prevent child exploitation and protect children in tourism and child victims of trafficking.

Address: ECPAT UK, Thomas Clarkson House, The Stable Yard, Broomgrove Road, London, SW9 9TL

Tel: 020 7607 2136

Email: info@ecpat.org.uk

Government information on safeguarding children

<https://www.gov.uk/topic/schools-colleges-childrens-services/safeguarding-children>

Please note that the Every Child Matters website has now been archived to the National Archives website. All relevant information from the Every Child Matters site has been placed on the children and young people section of the Department of Education website.

Kidscape

www.kidscape.org.uk

Kidscape works UK-wide to provide individuals and organizations with practical skills and resources necessary to keep children safe from harm (specifically to prevent bullying and child sexual abuse).

Address: Kidscape, 2 Grosvenor Gardens, London, SW1W 0DH

Tel: 020 7730 3300

Parent Advice Line: 020 7823 5430 (Mon-Tues, 10am-5pm)

Email: info@kidscape.org.uk

The Lucy Faithfull Foundation (LFF)

www.lucyfaithfull.org.uk

The Lucy Faithfull Foundation is a child protection charity committed to reducing the risk of children being sexually abused. LFF's staff work with adult male and female sexual abusers; young people with inappropriate sexual behaviours; victims of abuse and other family members.

Address: 2 Birch House, Harris Business Park, Hanbury Road, Stoke Prior, Bromsgrove, B60 4DJ

Tel: 01527 591922

Email: contact@lucyfaithfull.org.uk

NSPCC

www.nspcc.org.uk

The NSPCC provides information on preventing child abuse. The website contains information about how to report abuse and provides helplines which are listed below.

NSPCC Child Protection Helpline: 0808 800 5000 (For adults concerned about children)

Stop it Now! UK and Ireland

www.stopitnow.org.uk

Stop it Now! UK and Ireland is a campaign, managed by the Lucy Faithfull Foundation, which aims to prevent child sexual abuse by raising awareness and encouraging early recognition and responses to the problem by abusers themselves and those close to them. Stop it Now! believes sexual abuse is preventable and urges abusers and potential abusers to seek help and gives adults the information they need to protect children effectively. Stop it Now! encourages adults to create a society that no longer tolerates the sexual

abuse of children.

Tel: (Helpline) 0808 1000 900

Email: Contact form available on website

Action on Elder Abuse

<https://www.elderabuse.org.uk/>

Action on Elder Abuse works to challenge and prevent the abuse of older people.

Elder Abuse Response helpline: 0808 808 8141

Age UK

<https://www.ageuk.org.uk/>

Age UK offers help and support to older people on a range of issues.

Advice line: 0800 055 6112 (8am - 7pm)

Ann Craft Trust

<https://www.anncrafttrust.org/>

They offer advice to professionals, parents, carers and family members on issues relating to the protection of disabled children and vulnerable adults.

Telephone: 0115 9515 400 (Monday - Friday - 9am - 5pm)

Carers Trust

<https://carers.org/>

The Carers Trust offers support and services for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems.

The Association of Christian Counsellors' (ACC)

www.acc-uk.org

The Association of Christian Counsellors' (ACC) mission statement is to facilitate provision by Christians of quality counselling and pastoral care. Its functions include providing nationwide standards for Christian counselling and care. It also provides a nationwide system for the accreditation of Christian counsellors broadly acceptable to Christian churches, counselling organizations and the wider community. It is a body that represents Christian counsellors and develops relations with institutions such as the social services and health authorities, and with denominations and professional bodies. It encourages, trains and resources pastoral carers and Christian counsellors.

Tel: 0845 124 9569/0845 124 9570

Use this website to find a counsellor: **<https://www.acc-uk.org/find-a-counsellor/search-for-a-counsellor.html>**

The British Association for Counselling and Psychotherapy (BACP)

www.bacp.co.uk

The British Association for Counselling and Psychotherapy (BACP) works with large and small organizations within the sector, including advising schools on how to set up a counselling service, assisting the NHS on service provision, working with voluntary agencies and supporting independent practitioners. BACP also participates in the development of counselling and psychotherapy

at an international level.

Use this website to find a counsellor or therapist:

<https://www.bacp.co.uk/search/Therapists>

ICAP - Immigrant Counselling & Psychotherapy

www.icap.org.uk

ICAP specialise in working with people experiencing issues relating to migration and also have particular experience and expertise in working with survivors of childhood abuse.

Use this website to find a counsellor or therapist: <http://www.icap.org.uk/how-to-get-in-touch/>

UK Council for Psychotherapy (UKCP)

www.psychotherapy.org.uk

UK Council for Psychotherapy (UKCP) is a membership organization with over 75 training and listing organizations, and over 6,600 individual practitioners. UKCP holds the national register of psychotherapists and psychotherapeutic counsellors. UKCP produces publications and runs meetings and conferences to inform and consult on issues of concern to practitioners and to support continuing professional development. UKCP works to improve access to psychological therapies, to support and disseminate research, to improve standards, and also deals with complaints against organizational members as well as individual members.

Use this website to find a therapist: <https://www.psychotherapy.org.uk/find-a-therapist/>

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